

## Sherwood Park - Strathcona County Primary Care Network

Presentation to Strathcona County Council

May 16, 2017

## About us

- Sherwood Park Strathcona County Primary Care Network
  - one of over 40 PCNs operating in Alberta.
    - Alberta's strategy to reform the delivery of primary care.
    - Primary care services are typically provided by a family physician.
  - a joint venture between local family physicians and AHS
  - to improve the quality of care and access to services for the people of Strathcona County.
  - enrollee population of approximately 90,000 from both suburban and rural communities in Strathcona County.





### Orientation to the PCN

#### Vision (our view of the world)

- We have a dream.....
  - Imagine a place where your doctor, who knows you and your family, helps lead you through a healthy life. There is an integrated health care system in Strathcona County where the PCN is the keystone. In our system, primary care physicians are the driving force of an interdisciplinary team. Our system relies on a shared vision with our partners to enhance the well-being of our community.

Mission (our role in that view)

> To build quality, accessible and timely integrated care to enhance the health needs of our community

## A bit of history...

Started on June 1, 2007



#### PRIMARY CARE EXCELLENCE

- Original core group of Chronic disease program and Mental Health program employees hired in Nov 2007
- Chronic disease clinic opened for biz on Jan 10, 2008
- Mental Health Clinic opened in Aug 2008
  - ▶ June 1, 2017 will be our 10<sup>th</sup> anniversary



### Sherwood Park - Strathcona County Primary Care Network

- How many physicians do we have?
  - ▶ 88 active GPs and pediatricians
  - All GPs who practice in Sherwood Park plus
- How many patients do we take care of?
  - All residents of Strathcona County
  - Sherwood Park Strathcona County Primary Care Network





# How does our community benefit from the PCN?

- The PCN has programs which improve the quality of the care your family physician provides to you while also increasing access to physician's services.
  - Main programs
    - Chronic disease management (like diabetes, weight management, high blood pressure, high cholesterol)
    - Mental Health (anxiety, depression, addictions, bereavement, family)
    - Specialty referral (referral coordination, local specialty consultation)
    - Medical Home: Improvement in access and quality of care

#### Patient classes

- Anxiety, Sleep, loss and grief, suicide awareness
- Osteoarthritis, retirement
- Diabetes, nutrition and diet



## Strengthening Our Public Awareness

#### Public board members

- PCN recruited two members of the public to serve on the board
- Role is to build awareness of the PCN and its program in the community
- Second PCN Wellness Day
  - ▶ June 21, 2017
  - Come learn about the PCN's programs and services
  - Thank you for sponsoring our event
- Awareness strategy: Twitter, Facebook, website, media

## **Our Future**

- Our organization is moving toward establishing GP offices as Medical Homes
- Medical Home:
  - > A place where a patient can go for all their healthcare needs
  - A vision for comprehensive and team based care centred on the needs of the patients and community
  - > We aim to standardize provision of preventative medicine, and measure outcomes



## Conclusion

- Thank you for your time today
- If you encounter any health specific concerns, please feel free to contact the PCN

## Thank you for your time today



#### PRIMARY CARE EXCELLENCE

## Do you have any questions?

This presentation was brought to you by the letters P, C, and N and by the number 10