

Parents Empowering Parents (PEP) Society



Strathcona County Council
Priorities Committee
September 17th, 2019

Who Are We?

- ▶ Not for profit Society since 2004
- ▶ This program is the result of an increasing need for:
 - Support, education and direction for families dealing with the effects of substance misuse and substance abuse in youth and adult loved ones

Who Are We


► Founders

- Parent (Audrey Holliday)
- Probation Officer (Tina Dow)
- Family Support Worker (Maralyn Benay)

PEP Founders 15 Year Celebration




Who Are We?

- ▶ Volunteer Board of Directors
 - ▶ Executive Director
 - ▶ Facilitators qualified in areas of Addiction Counselling, Psychology, Recovery Coaching, Facilitating and knowledge based lived experience
 - ▶ Head Office co-located partner FCS Strathcona County
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Mission Statement

- ▶ Parents Empowering Parents (P.E.P.) Society provides education, innovative programming, support and hope for individuals or families dealing with or concerned about substance abuse/addiction.


Why are we needed?

- ▶ Actively participate in prevention and treatment
 - ▶ Work with stakeholders to find solutions for families dealing with substance abuse/addictions
 - ▶ Advocate to improve positive outcomes for families
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Services We Provide


- ▶ Parent/Extended Family Support Program
 - ▶ U-Turn Youth/Young Adult
 - ▶ M.E.D.D.-X
 - ▶ Parent Support Line
 - ▶ Parent Mentors
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Parents/Family Support Group


- ▶ Drop in - no registration required
 - ▶ Safe, non-judgemental and confidential setting
 - ▶ Education, support and resources
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U-Turn Youth Support Program


Meetings

- ▶ For youth and young adults which runs simultaneously at Sherwood Park during the Parent Support Meetings
 - ▶ 15-24 age group; pre-contemplative stage of change and/or active substance use
 - ▶ Casual conversation, no-pressure environment based on narrative therapy
 - ▶ Professionally Facilitated
 - ▶ 2019 Research study completed in Strathcona County and Capital Region recognizing the uniqueness of the program.
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M.E.D.D. X– Motivational Experiences/Education for X- Drug Dealers Program

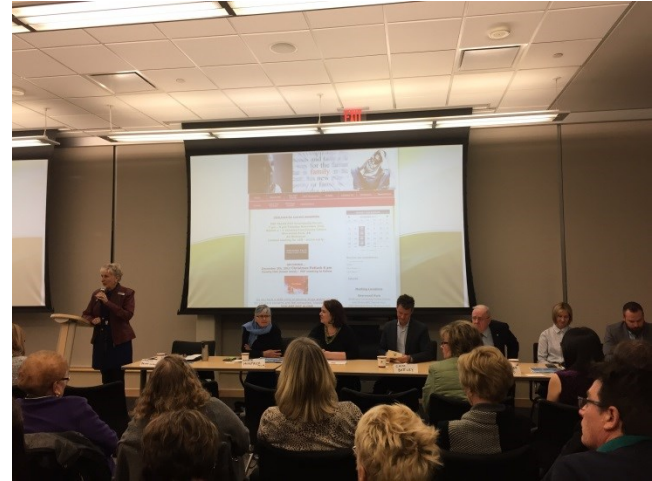
- ▶ Allows an opportunity for education, open respectful communication and healing to begin;
 - ▶ Provides awareness to the X-Drug dealer on the negative impact of that lifestyle for families including their own and the community
 - ▶ Partners - Edmonton Drug Treatment Court and Justice and Solicitor General
 - ▶ Referral based and approved by collaborative agreement (PEP program manager and partners)
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Parent Support Line

- ▶ Days, Evenings and Weekends
 - ▶ Crisis management, resource
 - ▶ Support, educate, and hope
 - ▶ Professionally managed
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Community Engagement


- ▶ Forums – Drug Education
- ▶ School Presentations




Events

- ▶ AGM (Annual General Meeting) June 2020
- ▶ **Upcoming -**
Forum Drug Education March 2020
Not in My Family – PEP Talks METH

Collaborative Partnerships

- ▶ Member of Strathcona County Drug Strategy Committee
 - ▶ Member of Strathcona County Social Framework Steering Committee
 - ▶ Member of Strathcona County Community Hub Committee
 - ▶ Member of Alberta Alliance for Mental Illness and Mental Health
 - ▶ Member of Sherwood Park Chamber of Commerce
 - ▶ Approved Vendor for Government of Alberta Children's Services
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Key Partners

- ▶ Strathcona County
 - ▶ Sherwood Park RCMP
 - ▶ Strathcona County – Victim Services
 - ▶ Strathcona County Library
 - ▶ Elk Island Catholic School Division/ Elk Island Public School Division
 - ▶ Edmonton Drug Treatment Court Service
 - ▶ Government of Alberta - Justice And Solicitor General
 - ▶ Government of Alberta – Children Services
 - ▶ AHS – Alberta Health Services
 - ▶ AAMIMH (Alberta Alliance on Mental Illness and Mental Health)
 - ▶ Family and Community Services Strathcona County
 - ▶ Volunteer Strathcona
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Contact us

- ▶ Website: www.pepsociety.ca
- ▶ Family Support Line - 780-293-0737 (OPEP)
- ▶ info@pepsociety.ca or 780-410-8516

The Power of PEP

- ▶ Understanding
 - ▶ Education
 - ▶ Direction
 - ▶ Support
 - ▶ Hope
 - ▶ So much more....
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Thank You

On behalf of the parents, board and the community of Strathcona County we would like to Thank the County for their on-going support of this important non-profit organization.

You have indeed made a difference in the lives of many families in the region.

Together we are stronger....

