Parents Empowering Parents (PEP) Society
Who Are We?

- Not for profit Society since 2004
- This program is the result of an increasing need for:
  - Support, education and direction for families dealing with the effects of substance misuse and substance abuse in youth and adult loved ones
Who Are We

- Founders
  - Parent (Audrey Holliday)
  - Probation Officer (Tina Dow)
  - Family Support Worker (Maralyn Benay)
PEP Founders 15 Year Celebration
Who Are We?

- Volunteer Board of Directors
- Executive Director
- Facilitators qualified in areas of Addiction Counselling, Psychology, Recovery Coaching, Facilitating and knowledge based lived experience
- Head Office co-located partner FCS Strathcona County
Mission Statement

Parents Empowering Parents (P.E.P.) Society provides education, innovative programming, support and hope for individuals or families dealing with or concerned about substance abuse/addiction.
Why are we needed?

- Actively participate in prevention and treatment
- Work with stakeholders to find solutions for families dealing with substance abuse/addictions
- Advocate to improve positive outcomes for families
Services We Provide

- Parent/Extended Family Support Program
- U-Turn Youth/Young Adult
- M.E.D.D.-X
- Parent Support Line
- Parent Mentors
Parents/Family Support Group

- Drop in - no registration required
- Safe, non-judgemental and confidential setting
- Education, support and resources
U-Turn Youth Support Program Meetings

- For youth and young adults which runs simultaneously at Sherwood Park during the Parent Support Meetings
- 15-24 age group; pre-contemplative stage of change and/or active substance use
- Casual conversation, no-pressure environment based on narrative therapy
- Professionally Facilitated
- 2019 Research study completed in Strathcona County and Capital Region recognizing the uniqueness of the program.
M.E.D.D. X– Motivational Experiences/Education for X- Drug Dealers Program

- Allows an opportunity for education, open respectful communication and healing to begin;
- Provides awareness to the X-Drug dealer on the negative impact of that lifestyle for families including their own and the community
- Partners - Edmonton Drug Treatment Court and Justice and Solicitor General
- Referral based and approved by collaborative agreement (PEP program manager and partners)
Parent Support Line

- Days, Evenings and Weekends
- Crisis management, resource
- Support, educate, and hope
- Professionally managed
Community Engagement

- Forums – Drug Education
- School Presentations
Events

- AGM (Annual General Meeting) June 2020
- Upcoming - Forum Drug Education March 2020
  Not in My Family – PEP Talks METH
Collaborative Partnerships

- Member of Strathcona County Drug Strategy Committee
- Member of Strathcona County Social Framework Steering Committee
- Member of Strathcona County Community Hub Committee
- Member of Alberta Alliance for Mental Illness and Mental Health
- Member of Sherwood Park Chamber of Commerce
- Approved Vendor for Government of Alberta Children’s Services
Key Partners

- Strathcona County
- Sherwood Park RCMP
- Strathcona County – Victim Services
- Strathcona County Library
- Elk Island Catholic School Division/ Elk Island Public School Division
- Edmonton Drug Treatment Court Service
- Government of Alberta - Justice And Solicitor General
- Government of Alberta – Children Services
- AHS – Alberta Health Services
- AAMIMH (Alberta Alliance on Mental Illness and Mental Health)
- Family and Community Services Strathcona County
- Volunteer Strathcona
Contact us

- Website: [www.pepsociety.ca](http://www.pepsociety.ca)
- Family Support Line - 780-293-0737 (0PEP)
- [info@pepsociety.ca](mailto:info@pepsociety.ca) or 780-410-8516
The Power of PEP

- Understanding
- Education
- Direction
- Support
- Hope
- So much more....
Thank You

On behalf of the parents, board and the community of Strathcona County we would like to Thank the County for their on-going support of this important non-profit organization.

You have indeed made a difference in the lives of many families in the region.

Together we are stronger....