## **Seniors Advisory Committee (SAC) 2019 Annual Report**

## March 10, 2020



#### Enclosure 1





# Background

- March 2019: Inception of Seniors Advisory Committee (SAC)
- Purpose
  - To provide advice and recommendations to Council on issues and opportunities related to the physical, emotional and social wellbeing of seniors in Strathcona County

#### Members

Robert (Bob) Leman (Chair) Luella (Peggy) Fleet **Debbie Sinclair** 

Barry Calder (Vice-chair) Theresa Sarnecki Marianne West

Council Representatives: Councillors Glen Lawrence, Paul Smith (alternate)



## **Seniors in Strathcona County**

- Percentage of seniors increased from 5.5% to 14% of total population from 1996 to 2016
- Seniors population increased by 35% from 2011-2016
- 1 in 5 Albertans will be a senior in 15 years
- Proportion of seniors over age 75 is 40% in Sherwood Park and 30% in rural areas
- 2 of 10 seniors in Sherwood Park is a single senior compared to 1 in 10 in rural Strathcona County
- Highest proportion of seniors reside in Ward 1 (1 of 4 residents)







# **SAC Alignment to County Vision**

### "Becoming Canada's most livable community"

#### **Strategic Goals:**

- Goal 1: Build strong communities to support the diverse needs of residents
- Goal 6: Provide facilities and services that are available and accessible to residents lacksquare
- Goal 7: Provide opportunities for public engagement and communication

#### **Social Framework Outcomes:**

 Affordability, Access to Programs and Services, Safety, Connectedness and Inclusion



#### **Recreation and Culture Strategy and Transit Master Plan Principles**





## **SAC Mandate Items**

### Mandate Letter – 2019 Items

- Recreation and Culture Strategy
- Affordable housing options for seniors
- Mobility Bus transit services



## Mandate Item: **Recreation and Culture Strategy**

Activities	Considerations
<ul> <li>Reviewed Recreation and Culture Strategy</li> </ul>	<ul> <li>Availability and affordability</li> </ul>
<ul> <li>Provided input to inform the implementation plan</li> </ul>	<ul> <li>Intergenerational opportunities</li> </ul>
	<ul> <li>Seniors Village/Hub with range of service</li> </ul>
	<ul> <li>Volunteerism (hub and incentives)</li> <li>Apply a seniors lens for programs, servic</li> </ul>
	planning



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#### ces and facilities



## Mandate Item: Affordable Housing

Activities	Considerations	
Three sessions to explore options	<ul> <li>Aging in place options</li> </ul>	( Cha
<ul> <li>Ministry of Seniors and Housing</li> </ul>	<ul> <li>Affordability</li> </ul>	
<ul> <li>Heartland Housing</li> </ul>	Complexity	
<ul> <li>Habitat for Humanity</li> </ul>	Waitlists	
Northern Alberta Cooperative	<ul> <li>Navigating the options,</li> </ul>	
Housing Association, Brittany	including availability, eligibil	ity, etc.
Lane, Grove Seniors Housing		
Coops	<ul> <li>Land use changes, including</li> </ul>	g rural





## **Mandate Item: Transit Services**

Activities	Considerations
<ul> <li>Field trip for overview of transit services; issues and opportunities</li> </ul>	<ul> <li>Enhance transit training for seniors</li> </ul>
<ul> <li>Joint meetings with Accessibility Advisory Committee</li> </ul>	<ul> <li>Support for dynamic transit and enhanced mobility bus service</li> </ul>
	<ul> <li>Standards for building and roadways including location of future bus stops</li> </ul>
	Rural service opportunities
	<ul> <li>Enhanced direct routes to major facilities in Edmonton</li> </ul>



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# Considerations

### **Recreation and culture**

- Enhance intergenerational opportunities
- Increase volunteerism opportunities for seniors
- Enhance availability and affordability of seniors programs

### Affordable housing

- Propose series of workshops for seniors housing
- County to explore the status and need for affordable housing, and
- Develop an approach to take action on affordable housing

### **Transit services**

- Enhance transit training for seniors
- Pilot rural service from Ardrossan to Sherwood Park





# Focus for 2020

- Initiatives for supporting active and engaged seniors
- Investigate seniors village/hub options
- Engage with seniors groups
- Monitor federal and provincial government directions
- Follow up on existing recommendations







