## COVID-19 Update November 25, 2020

Situation Update



# **Provincial Update**

#### New measures at a glance

Unless otherwise stated, the following mandatory restrictions come into effect Nov. 24 and will be in place for at least three weeks.

Measures	All Alberta	Enhanced (purple) Areas <sup>1</sup>	Calgary Area <sup>2</sup>	Edmonton Area <sup>2</sup>
No indoor social gatherings in any setting	~	~	<b>~</b>	<b>✓</b>
Outdoor gatherings max of 10	<b>✓</b>	1	<b>✓</b>	✓
Wedding and funeral services max of 10, no receptions permitted	1	<b>~</b>	<b>~</b>	~
No festivals or events	<b>✓</b>	<b>✓</b>	<b>✓</b>	✓
Grades 7-12 at-home learning Nov 30-Jan 11	<b>✓</b>	<b>✓</b>	<b>✓</b>	✓
Grades K-6 at-home learning Dec 18-Jan 11	<b>✓</b>	1	<b>✓</b>	✓
Working from home should be considered, where possible	<b>✓</b>	<b>✓</b>	<b>✓</b>	✓
Places of worship at 1/3 normal attendance	×	<b>✓</b>	<b>✓</b>	✓
Restricted access to some businesses and services starting Nov. 27	×	<b>✓</b>	<b>✓</b>	~
Mandatory masks for indoor workplaces	×	×	1	✓

<sup>1.</sup> See list of communities under enhanced status (purple areas)

- State of public health emergency declared
- Gathering restrictions effective immediately
- Review in 3 weeks



<sup>2.</sup> See list of affected communities in the Calgary area and the Edmonton area.

### **Provincial Update**

#### **Business and service restrictions effective November 27**

#### **Closed**

- Banquet halls, conference centres, trade shows, community centres
- Children play places/indoor playgrounds
- All levels of individual/team sports (exemptions maybe considered by CMOH)

### Open with capacity limits (25% of capacity)

- Retail, grocery, pharmacy, clothing, etc.
- Movie theatres, museums, libraries, casinos,
- Indoor fitness including dance, yoga, martial arts, gymnastics, swimming

#### **Open with restrictions**

- Restaurants, bars, pubs, lounges Max of 6 people from same household per table.
   Only seated eating/drinking allowed
- Liquor rules continue: sold until 10pm, closed by 11pm

#### Open by appointment only

- Personal services & wellness services
- Professional services
- 1:1 lessons
- Hotels, motels, lodges



### **Guiding principles for relaunch**

#### **People first**

- Ensure the safety of our staff and customers
- Maintain services and service levels for residents

# **Thoughtfully follow guidance from Alberta Health**

- Public Health Emergency declared
- Enhanced public health measures in effect

#### A phased and scaled approach

Relaunch services without compromising safety

# Constant, coordinated communication, centralized as much as possible

• Transparent, timely and relevant information sharing



### **Guiding principles for relaunch**

#### 5.Flexibility

- Restrictions can change, exemptions may be approved
- Outbreaks are possible. Service delivery may be modified

#### Risk-based decision-making

• Empower our community with information

#### **Collaboration**

- Consistency in service delivery across departments
- Working together with our neighbors in the region

#### **Engagement**

- Meet the needs of our community
- Involve staff and the community. Leverage their expertise



### What we know is closed

#### **Recreation, Parks and Culture**

- Recreational swimming (including kids pool) and recreational skating
- Swimming lessons, group fitness classes (dryland/aquatics), sport programs and skating lessons (child/youth), dance and drama programs
- Facility bookings for indoor fields, arenas, pools, gymnasium, racquet courts
- Festival Place concerts
- Special events Celebration of Lights (potential to reschedule)
- Private group XC-ski lessons at Strathcona Wilderness Centre
- Rink shacks for outdoor boarded rinks (Kinsmen, Westboro, Sher. Heights, SAP)

#### Requires clarification from Alberta Health

- Preschool programs; visual arts programs at Smeltzer House and Gallery@501
- Closed for in-person service includes all levels of team and individual sports (professional, semi-professional, junior, collegiate/universities and amateur).
   Exemptions requests to CMOH and we will work with our community groups.

### What we know is open

#### **Recreation, Parks and Culture**

- Wellness centres (including personal training) with capacity changes (MP - 60 -> 45; ARC/GARC 35 -> 20)
- Lap swim and aquatic walking lanes capacity remains the same (1 per lane)
- Indoor fitness tracks
- Gallery@501
- Online programming coming soon (e.g. senior health, performing/visual arts)
- Strathcona Wilderness Centre XC-skiing and snowshoeing (relaunch guidelines support new AH measures) including one-on-one ski lessons
- Broadmoor Recreation Complex XC-skiing, walking trails and snowshoeing
- Outdoor amenities including dog off-leash areas, playgrounds, toboggan hills, parks and trails (rural/urban and nature)
- Outdoor rinks (opening soon with 3 NEW skating pathways); Emerald Hills change area open for accessibility; outdoor rink capacity will be decreased to 10; pathway capacity to be determined

### **Outdoor skating**

- Snowbank rinks (17)
- Boarded rinks (8) includes adjoining snowbank rinks (except Mills Haven)
- Skating pathways (8) 3 new locations added to increase capacity

URBAN		RURAL			
Snowbank	Boarded / snowbank	Skating pathways	Snowbank	Boarded / snowbank	Skating pathways
Davidson Creek	Strathcona Athletic Park	Emerald Hills Sports Pavilion	Uncas	Ardrossan Regional Park	Hastings Lake
McPherson	Brentwood	Broadmoor Lake Park	Deville / North Cooking Lake		South Cooking Lake
Nottingham	Sherwood Heights	Clover Bar Ranch <b>NEW</b>	Collingwood Cove		Josephburg <b>NEW</b>
	Kinsmen		Whitecroft		Ardrossan Regional Park
	Heritage Hills		Fountain Creek		Ardrossan Jr/Sr High <i>NEW</i>
	McGhan				
	*Mills Haven				

### **Greatest communication challenges**

- Communications to date has been focused on provincial restrictions and local County decisions.
- Our County is divided between those that feel that provincial and local restrictions are reasonable and those that feel the restrictions are an infringement on their personal rights.
- We need to support our staff's health and well-being so we can continue to support essential County services residents count on.
- The focus remains on being the County that cares about community safety and well-being and sometimes the community safety decisions are not popular.



# Messages for our public and staff – Safety and well-being is our #1

- We know the public health measures are inconvenient, but we need to cooperate as a County because these measures can literally help save lives. We are being consistent with our regional neighbours and your safety and well-being is our priority.
- We know people are getting COVID fatigue, but we can brave through this together.
- It's ok not to be ok sometimes people can feel overwhelmed and the County is committed to supporting the mental health of our residents and our staff. Please contact us if you need help.
- We will continue to support business with shop local campaigns and promoting any business supports available.



### Supports for safety and well-being

- Supports for safety and well-being are key focus areas in addition to enhanced safety and cleaning measures in facilities and transit
- Solutions Navigation service levels have increased by 30% while counselling service levels have not yet returned to pre-Covid levels
- The primary reasons for accessing FCS services are financial concerns, stress and anxiety
- Videos developed to target audiences experiencing challenges have had significant reach
- Developing a cross-sector protocol to respond to traumatic events,
  violent threats and suicide is currently underway.



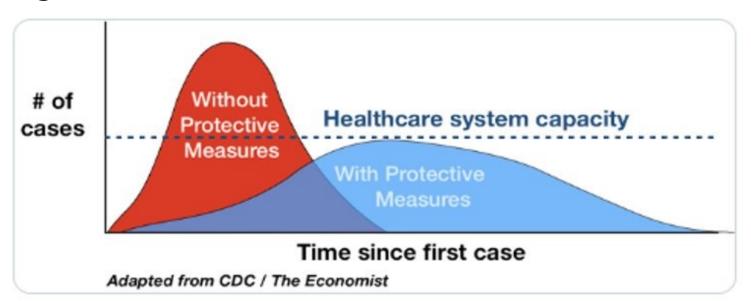
#### **ADDITIONAL MATERIALS**



### **Approach**

Important to remember that COVID-19 epidemic control measures may only delay cases, not prevent.

However, this may limit surge and gives hospitals time to prepare and manage.





### **Alberta Health**

#### Key measures

November 23, 2020	Alberta	<b>Edmonton Health Zone</b>
Active hospital beds (COVID-19)	348	169
Hospital bed capacity	8,483	3,020
Active ICU beds (COVID-19)	66	39
ICU bed capacity	70	

#### Key measures and timing

Getting to each stage of relaunch depends on our ability to keep infection rates low, and well within the capacity of the healthcare system. Health measures we are watching include:

%	Percentage of tests that are positive
(F)	Hospitalization and intensive care unit (ICU) rates

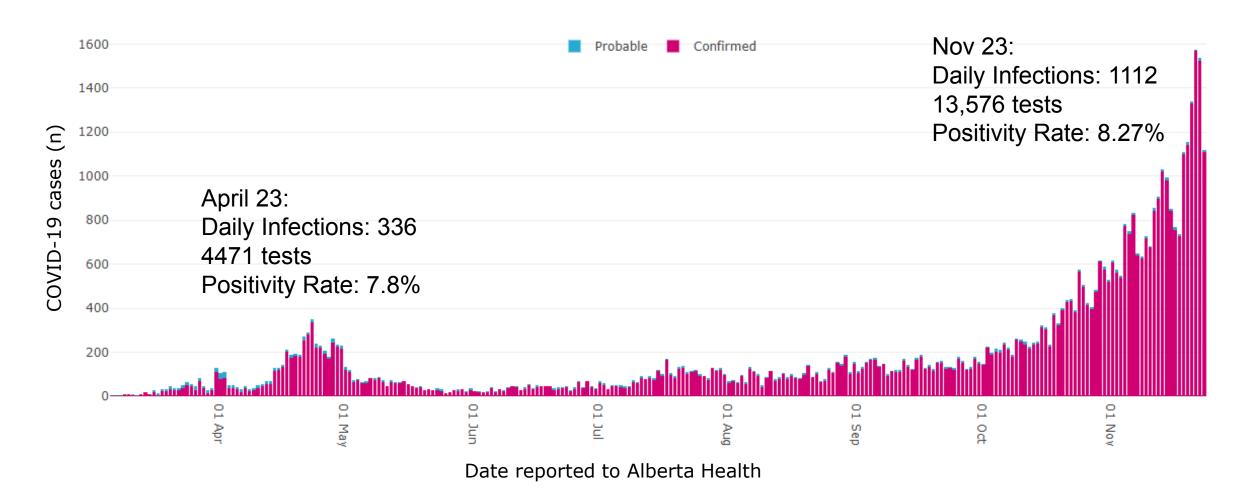
Confirmed cases continue to be monitored in real-time to inform proactive responses in localized areas of the province.

We need to learn as we go and evaluate as we take careful, considered steps from one stage to the next. There may be times we need to take a step back, but in time, we will adjust and move forward together.

Continuous evaluation of health triggers could result in restrictions being removed or reapplied in some localized areas of the province.



### Case count by day





#### **Alberta Health**

• June 12 – Alberta entered Stage 2 of the Relaunch Strategy

November 23, 2020	Alberta
Confirmed cases	49,536
Active cases	13,349
Recovered Cases	35,695
Deaths	492

November 23, 2020	<b>Sherwood Park*</b>	Strathcona County*
Cases	646	213
Active	267	86
Recovered	376	127
Deaths	3	0

<sup>\*</sup>As defined by Alberta Health



### **County Update**

- Sources of infections:
  - 40% household (social interactions that lead to family cohort infections)
  - 10% continuing care
  - 7% workplace where symptomatic persons attended
  - 4% childcare
  - 30% unknown
- Regional municipal scan
  - Growth in active cases
  - Similar sources of infections
  - Municipalities are escalating their response framework



### Active cases per 100k

November 23, 2020	Active cases	Active per 100k
Strathcona County	353	357.6
Edmonton	4815	471.3
Calgary Zone	3884	288.2
Alberta	13,349	305.4 (calculated)

Open	Low level of risk, no additional measures
Watch	At least 10 cases and over 50 per 100K but no additional measures
Enhanced	Risk levels require enhanced public health measures



### **Provincial Updates**



- Contact tracing
- -AHS capacities overwhelmed, responsibilities downloaded
- -focus on new cases
- -sports groups spreader potential overwhelming tracers

COVID-19 Close Contacts Tool >

Alberta Trace Together App



Features	ABTraceTogether	COVID Alert
Voluntary	~	~
Confidential and encrypted	✓	✓
Connects to Alberta's contact tracing system	~	×
Assesses the risk of an exposure	✓	×
Considers when a person was infectious	✓	×



### **County Update**

- Bethel mobile COVID test site:
  - Services are contractor delivered, by appointment only
  - Planned Monday Friday operations
  - 48 swabs per day capacity (720 swabs per week)
  - Mobile sites operating in St. Albert, Spruce Grove, Leduc City
  - Call 811 for transportation to the site



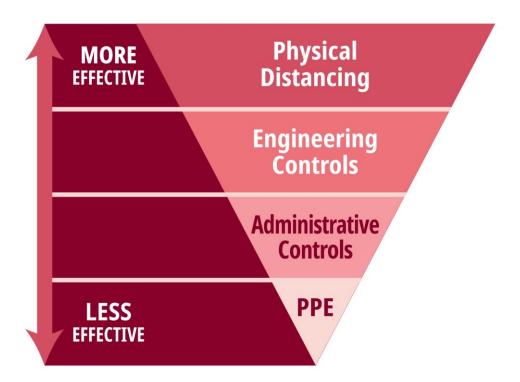
COVID-19 Tests are by Appointment Only

To book yours, visit ahs.ca/covid.



### **County Update**

- Current mitigation actions:
  - Reduce our onsite staff footprint
    - Administrative Controls: Remote working
    - Administrative Controls: Flexible scheduling
  - Reporting onsite
    - Physical distancing
    - Engineering Controls: Plexi-glass
    - Administrative Controls: Room occupancy
    - Administrative Controls: Health Screening app
    - Administrative Controls: Enhanced cleaning and Rapid Response Protocols
    - PPE: mask use





### Items we are working on

- Ongoing information sharing and contingency planning:
  - Emergency Operations Centre remains at Level 2
    - Weekly COVID Information Group meetings
  - Identify where restrictions or orders may impact our service delivery
  - Share local/regional/provincial actions to enable the decision-makers
  - Enforcement of local and provincial orders
- What we learned from our Spring lockdown experience
  - Flexibility and adaptability (EOC/IMT/Corporate)
  - Focus on outdoor activities wherever possible (RPC)
  - The mental and physical health and wellbeing of staff and residents remains our priority (FCS/RPC)
  - Timely and transparent communications (COMC)

